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UK Seasonal Calendar

**Key:** usually UK grown

Produce	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
<b>Fruit &amp; Nuts</b>												
Apples	JAN	FEB						AUG	SEPT	OCT	NOV	DEC
Blackberry							JULY	AUG	SEPT			
Blackcurrant							JULY	AUG	SEPT			
Blueberries								AUG	SEPT			
Cherries						JUNE	JULY					
Gooseberries						JUNE	JULY					
Greengage									SEPT	OCT		
Hazelnut							JULY	AUG	SEPT			
Pear									SEPT	OCT	NOV	DEC
Plum							JULY	AUG	SEPT			
Quince						JUNE	JULY	AUG				
Raspberries						JUNE	JULY	AUG	SEPT			
Redcurrants					MAY	JUNE	JULY					
Rhubarb			MAR	APR	MAY				SEPT	OCT		
Strawberries					MAY	JUNE	JULY					
Walnut									SEPT	OCT	NOV	
<b>Vegetables</b>												
Artichoke Jerusalem	JAN	FEB	MAR									DEC
Asparagus					MAY	JUNE						
Aubergine					MAY	JUNE	JULY					
Bean Broad						JUNE	JULY					
Bean Flat				APR	MAY	JUNE	JULY					
Bean French				APR	MAY	JUNE	JULY	AUG				
Bean Runner							JULY	AUG	SEPT			
Beetroot	JAN	FEB	MAR			JUNE	JULY	AUG	SEPT	OCT	NOV	DEC

Broccoli Purple Sprouting	JAN	FEB	MAR	APR								
Brussels Sprouts	JAN	FEB	MAR							OCT	NOV	DEC
Cabbage Jan King	JAN	FEB	MAR							OCT	NOV	DEC
Cabbage Savoy	JAN	FEB				JUNE	JULY		SEPT	OCT	NOV	DEC
Cabbage Sp Green		FEB	MAR	APR	MAY	JUNE						
Cabbage Summer						JUNE	JULY	AUG				
Cabbage Red	JAN	FEB	MAR							OCT	NOV	DEC
Cabbage Tundra	JAN	FEB	MAR	APR							NOV	DEC
Cabbage White	JAN	FEB	MAR						SEPT	OCT	NOV	DEC
Calabrese						JUNE	JULY	AUG	SEPT			
Carrots	JAN	FEB	MAR	APR		JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Cauliflower	JAN	FEB	MAR	APR	MAY		JULY	AUG	SEPT	OCT	NOV	DEC
Celeriac	JAN	FEB	MAR	APR					SEPT	OCT	NOV	DEC
Celery								AUG	SEPT	OCT		
Chard						JUNE	JULY	AUG	SEPT	OCT		
Courgettes						JUNE	JULY	AUG	SEPT			
Cucumber						JUNE	JULY	AUG	SEPT			
Fennel							JULY	AUG	SEPT	OCT		
Garlic								AUG	SEPT			
Herbs - various						JUNE	JULY	AUG	SEPT			
Kale	JAN	FEB	MAR	APR						OCT	NOV	DEC
Kohl Rabi							JULY	AUG	SEPT	OCT		
Leek	JAN	FEB	MAR	APR	MAY			AUG	SEPT	OCT	NOV	DEC
Lettuce					MAY	JUNE	JULY	AUG	SEPT			
Marrows							JULY	AUG	SEPT			
Mushrooms	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Onions red									SEPT	OCT	NOV	DEC
Onions salad						JUNE	JULY	AUG				
Onions white/yellow	JAN	FEB	MAR	APR			JULY	AUG	SEPT	OCT	NOV	DEC
Pak Choi						JUNE	JULY	AUG	SEPT			
Parsley						JUNE	JULY	AUG	SEPT	OCT		
Parsnip	JAN	FEB	MAR	APR					SEPT	OCT	NOV	DEC
Peas							JULY	AUG	SEPT			
Pepper chili							JULY	AUG	SEPT			
Pepper green/red/yellow							JULY	AUG	SEPT			
Potatoes new					MAY	JUNE	JULY					
Potatoes ware	JAN	FEB	MAR	APR	MAY			AUG	SEPT	OCT	NOV	DEC

Pumpkin										OCT		
Salad packs					MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Shallots									SEPT	OCT		
Spinach						JUNE	JULY	AUG	SEPT			
Squash									SEPT	OCT	NOV	
Swede	JAN	FEB	MAR	APR				AUG	SEPT	OCT	NOV	DEC
Sweet Corn								AUG	SEPT	OCT		
Tomato					MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	
Turnip									SEPT	OCT		